Additional Resources for Educators and Other Professionals

The following resources are recommended by the Canadian Association of Psychosocial Oncology Education Committee Expert Panel for Resource Development who produced the resource: Supporting Children and Teens When a Family Member Has Cancer.

	Book
Ø	Activity Book
	Fact Sheet
	Website/webpage
	Video/DVD/podcast

Resources About Supporting Children And Teens With Cancer In The Family

Helping Teachers and Educators Support Siblings of Children with Cancer. A one-hour audio workshop from CancerCare, Supersibs! and the Centres for Disease Control and Prevention.
<u>Hi5living</u> : A fun and interactive website aimed at encouraging healthy living and cancer prevention in teens, with a free guide and lesson plans for educators.
<u>Supersibs!</u> : A U.S. organization that provides information, resources and support for children and teens, ages 4 to young adult, who have a sibling with cancer, with resources for educators.
<u>MacMillan Cancer Support</u> . A British health care organization that provides resources for educators on the following topics: teaching about cancer, talking to the class or school, and offering information and advice.
<u>Livestrong at School</u> . The U.S. organization offers many resources and teaching tools for education settings, including free curriculum materials and lesson plans.
<u>Canadian Virtual Hospice</u> . The web site provides support and personalized information about palliative and end-of-life care to patients, family members, health care providers, researchers and educators. The "Ask a Professional" service provides direct access to health specialists online.

Resources About Supporting Grieving Children And Teens

wishing to support grieving children.

Questions and Answers about Children's Grief: A fact sheet for teachers from the Livestrong Foundation about children's reactions to loss, and tips for supporting children in the classroom.
<u>Supporting Grieving Students in Schools</u> . A four-page fact sheet from the Max and Beatrice Wolfe Centre for Children's Grief and Palliative Care, 2012.
What We Don't Discuss: A Teacher's Guide to Death and Dying. By Laura Saunders. Pacific Edge Publishing, 2006.
<u>The Grieving Student: A Teacher's Guide</u> . By David J. Schofeld and Maria Quackenbush. Paul H. Brookes Publishing, 2010.
Students and Grief: How to Deal With Loss in Schools. Scholastic.com and the New York Life Foundation, 2012. Using actual scenarios from children and parents, childhood grief expert Dr. David Schonfeld, MD imparts valuable advice on how educators and all other caring adults can best support grieving children.
Winston's Wish. This organization offers information and materials for educators and professionals

Supporting Children and Teens When a Family Member Has Cancer

<u>Sibling Stories.</u> A Lion in the House. Modules for Health Care Education. By Steven Bognar and Julia Reichart. Aquarius Health Care Media, 2006. A series of four- to six-minute educational modules about five families with children with cancer, with a focus on the siblings' experiences. The modules are for educators and health care professionals and come with learning objectives and discussion questions.

For More Information And Support

Contact psychosocial oncology clinicians (social workers, psychologists, counsellors, spiritual health specialists, specialty nurses, psychiatrists) in major cancer centres/hospitals for more information about supporting children, teenagers, and families. Many of these centres also have free lending libraries. Other health and social service agencies may also be helpful.