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The following resources are recommended by the Canadian Association of Psychosocial Oncology Education Committee Expert Panel for Resource Development who produced the resource: Supporting Children and Teens When a Family Member Has Cancer.

-  Book
-  Activity Book
-  Fact Sheet
-  Website/Webpage
-  Video/DVD/Podcast







Resources About Communication And Support For Children And Teens When A Family Member Has Cancer

-  [When a Parent is Sick: Helping Parents Explain Serious Illness to Children.](#) By Joan Hamilton. Pottersfield Press, 2000.
-  [What About my Kids? A Guide for Parents Living with Breast Cancer.](#) By Linda Corsini. Canadian Breast Cancer Foundation, 2006.
-  [Helping Your Children Cope with Your Cancer: a Guide for Parents and Families.](#) By Peter Van Dernoot. Hatherleigh Press, 2006.
-  [How to Help Children through a Parent's Serious Illness: Supportive, Practical Advice from a Leading Child Life Specialist.](#) By Kathleen McCue & Ron Bonn. New York: St. Martin's Griffin, 2011.
-  [Reaching Out to Your Children When Cancer comes to Your Family: A Guide for Parents.](#) By June Slakov. BC Cancer Agency, 2007.
-  [When a Parent Has Cancer: A Guide to Caring for Your Children.](#) By Dr. Wendy Schessel Harpham. Harper Collins, 2004.
-  [Raising an Emotionally Healthy Child When a Parent is Sick.](#) By Paula Rauch & Anna Muriel, McGraw-Hill, 2005.
-  [For Parents, Caregivers and Professionals: Helping Brothers and Sisters of Children Living with Cancer.](#) A one-hour audio workshop from CancerCare, Supersibs! and the Centres for Disease Control and Prevention.
-  [Talking to Your Kids About Breast Cancer: A Guide for Parents.](#) By Morgan Livingstone. Rethink Breast Cancer, 2012.
-  [Breast Cancer Online: In Our Own Words, How We Told Our Children.](#) Breast Cancer Action Nova Scotia, 2005.
-  [Breast Cancer and Your Child's School.](#) A fact sheet to help parents communicate with their child's school about diagnosis and treatment. By Breast Cancer Care.
-  [When Mommy was Sick.](#) By Kaleigh Tate. A web comic intended to be a tool for families to talk about cancer.

Supporting Children and Teens When a Family Member Has Cancer

-  [Cancer in My Family](#). From the BC Cancer Agency. Aimed at children aged 6 to 12, it is a fun, interactive environment where children can feel safe, play games, create friendly characters, explore how they're feeling, and learn about cancer at the same time.
-  [SuperSibs!](#): provides support and information for children and teens of all ages who are coping with a sibling's cancer.
-  [What to do When You Worry too Much. A Kid's Guide to Overcoming Anxiety](#). By Dawn Huebner. Magination Press, 2008. A workbook for parents to help their children cope with anxiety, for ages 6 to 8.
-  [My Mom Has Breast Cancer: A Guide for Families](#). Directed and Produced by Fran Bursts, Ann Hazzard, Betty King and Carol Webb. Kidscope, 1996. A 30-minute informational program featuring interviews with seven children and four mothers who have experienced breast cancer treatment firsthand.
-  [Someone in my Family Has Cancer](#). By Lundbeck Canada, 2012. A four-minute animated film meant as a conversation starter for parents and children.
-  [The Truth of it Video Series: Talking to Kids](#). Directed by Wendy Rowland. Canadian Partnership Against Canada Health Design Lab of the Li KaShing Knowledge Institute at St. Michael's Hospital, 2010.
-  [Canadian Virtual Hospice](#). The web site provides support and personalized information about palliative and end-of-life care to patients, family members, health care providers, researchers and educators.

Resources About Supporting Grieving Children And Teens

-  [A Child's View of Grief](#). By Alan D. Wolfelt. Routledge, 1983. An easy-to-read booklet that explains how children and adolescents grieve and offers helping guidelines for caregiving adults.
-  [Living, Dying: A Guide for Adults Supporting Grieving Children and Teenagers](#). By Ceilidh Eaton Russell. Max and Beatrice Wolfe Centre for Children's Grief and Palliative Care, 2006.
-  [Talking with Young People about Illness and Dying](#). A four-page fact sheet from the Max and Beatrice Wolfe Centre for Children's Grief and Palliative Care, 2012.
-  [Attending Funerals, Memorials and Other Rituals](#). A four-page fact sheet from the Max and Beatrice Wolfe Centre for Children's Grief and Palliative Care, 2012.
-  [Winston's Wish](#): An organization that offers online support, information and services to bereaved children and their families in the U.K.
-  [The Dougy Centre](#): A U.S. organization that offers online information and support for grieving children and families. (The book [Helping Children Cope with Death](#) is available for purchase from this site).

For More Information And Support

Contact psychosocial oncology clinicians (social workers, psychologists, counsellors, spiritual health specialists, specialty nurses, psychiatrists) in major cancer centres/hospitals for more information about supporting children, teenagers, and families. Many of these centres also have free lending libraries. Other health and social service agencies may also be helpful.